

**Scripture: Exodus 20:16 (The Message)**

**16** No lies about your neighbor.

**Main Idea:**

When we say mean things about people or other people say mean things about us—we cannot undo it and it tends to stick with us. The same is true when we say kind things and loving things. When God asks us not to lie about our neighbor, God is asking us to see everyone around us with kind and loving eyes and to talk to them as who they are to God: Good and loved.

**Activity:**

Flip over the paper and draw someone you know! Then around them draw pictures or write words of the things you like about them! When you are done you can share this picture with them!

YOU ARE LOVED

