

From the Bible: 1 Thessalonians 5:16-18 (CEB)

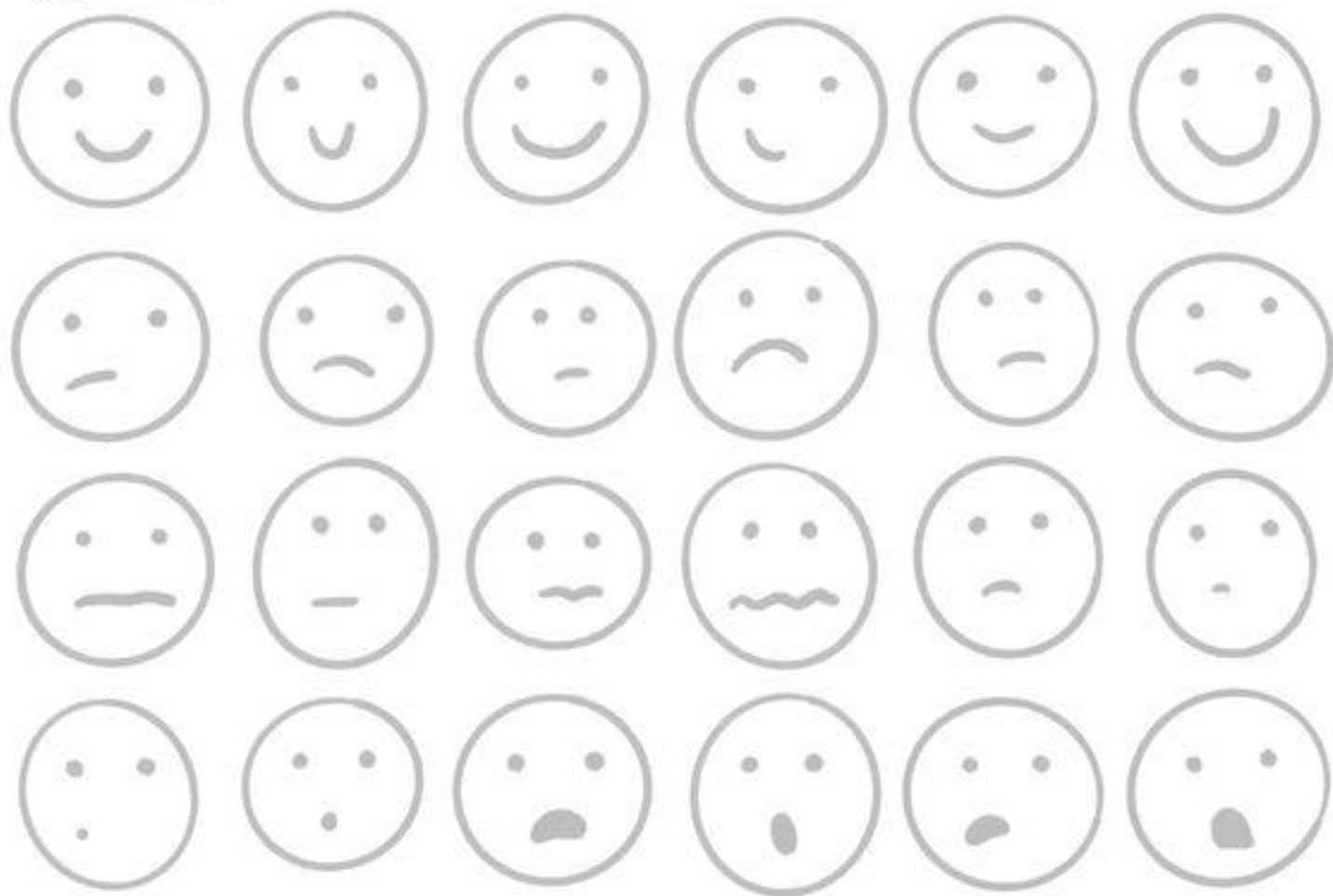
¹⁶ Rejoice always. ¹⁷ Pray continually. ¹⁸ Give thanks in every situation because this is God's will for you in Christ Jesus.

Message: In this Easter Season we are going to be thinking about what it means to rejoice always. Do you know what it means to rejoice? Rejoicing means celebrating cheering, celebrating, having joy. Are there times when you don't feel like rejoicing? We all have times where we feel a lot of different feelings that aren't just joy and rejoicing. So what does Paul mean when he says "Rejoice always" and to "Give thanks in every situation"? The good news is Paul doesn't expect you to smile all of the time! But Paul wants us to remember that Jesus' resurrection—Jesus living again—means that we too get to share in Jesus' new life. That because Jesus lives—life always wins. And that is joyful news no matter what circumstance. God's victory is bigger than any momentary feeling we have and God's victory is forever.

Activity: Using the sheet below, add eyebrows to create different feelings or expressions. Can eyebrows alone make a face look like it's rejoicing?

Thank you to Jarrett at jarrettlearner.com for sharing this resource!

FUN with EYEBROWS



MUCH OF A CHARACTER'S EMOTION IS CONTAINED IN THEIR EYEBROWS. SEE WHAT KIND OF EMOTIONS YOU CAN MAKE THE FACES ABOVE SHOW. PLAY AROUND WITH THE HEIGHT, ANGLE, CURVE, AND THICKNESS OF THE EYEBROW LINES.