

Kid's Page for the First Sunday in Lent: February 26, 2023

Bible Story: John 6:35-40

Wonder: Have you ever just looked at bread? If not—imagine this: a museum filled with artwork that is all pictures of bread. If you'd see a picture of a plain piece of toast, would it put you in a good mood? Would seeing a sketch of a loaf of bread excite you? Today the phrase dry toast—means that something is simply, boring. While we might enjoy bread, there really isn't much to see when looking at one slice. I'm not sure how many people would go to an art museum to look at bread.

BUT—How do you feel when you can smell bread in the air? What about when a dinner roll is sitting on your plate made just the way you like it? Bread can be really, really exciting when we get to smell the good scents of it baking or taste how yummy it is.

In the Gospel of John found in our Bible, Jesus tells his disciples that he is the bread of life—or the living bread. Jesus probably could've picked something more exciting for his disciples. And yet, we know that eating food like bread does give us life. It's what we absolutely need to sustain us day in and day out in this life, and with Jesus into the next. When Jesus tells us he is the living bread, Jesus is telling us that he is everything that we need. How exciting is that??

Create: Below is a plain piece of bread. I know—it's not very exciting. I want you to make the bread come to life. You can animate it with arms, legs, and a face to remind yourself that Jesus is the bread that gives us life—or living bread—who is all that we need.

